



Sleep Research
Society Foundation®

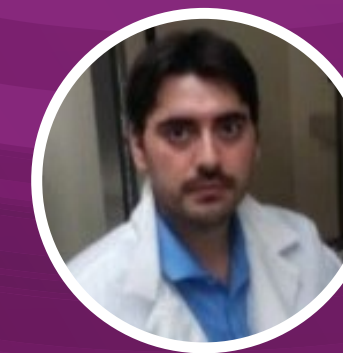
2025

ANNUAL REPORT

Supporting sleep & circadian researchers

OUR MISSION

The Sleep Research Society Foundation is committed to the growth and development of the field of sleep and circadian research through education and research funding opportunities.



A MESSAGE FROM THE PRESIDENT

Philip Cheng, PhD



The Sleep Research Society Foundation (SRSF) is pleased to share great news regarding the Foundation's activities in 2025.

The SRSF announced the 13th solicitation for the 2025 SRSF Career Development Award, receiving 30 high quality applications. This SRSF award is an important stepping-stone to the future success of early career sleep researchers. We are extremely grateful to the SRS Scientific Review Committee, chaired by Dr. Nayantara Santhi, for undertaking the review of these proposals, which aligned with the NIH grant review model. The SRS Foundation Board of Directors selected 4 proposals representing a broad range of topics and approaches including:

- ◆ *"Settle down for sleep: Optimizing bedtime for improved sleep and emotion regulation for autistic children"* by Amy Hartman, PhD
- ◆ *"A local brain oscillator mechanism that mediates rhythmic pain sensation"* by Quiang Liu, PhD
- ◆ *"Uncovering the effect of sleep regularity on proteomic biomarkers of cardiovascular health"* by Brooke Shafer, PhD
- ◆ *"Investigating Inpatient and Early Post-Hospital Sleep and 24-Hour Rest-Activity Rhythms as Predictors of Post-Stroke PTSD Development"* by Maia ten Brink, PhD

These projects help not only to support the careers of junior investigators, but also to advance sleep and circadian science and change the way we think about the impact of sleep within public health. Funding for these awards would not be possible without the generous support from our SRSF Corporate Partners and individual donors!

The SRS Foundation was able to fund the second [SRSF Focused Research Award](#)! We are extremely grateful to the SRS Scientific Review Committee, chaired by Nayantara Santhi PhD, for undertaking the review that aligned with the NIH grant review model. The SRS Foundation Board of Directors selected 1 proposal by Christopher Kaufmann, PhD, MHS at the University of Florida on the topic, "The Impact of Idiopathic Hypersomnia on Cardiovascular, Cardiometabolic, and Renal Disorder Outcomes." We await the research outcomes in 2026, and thank Jazz Pharmaceuticals for its generous support for making the 2025 award possible!

We are happy to share that SRS members, sleep patients and the public have donated nearly \$68,000 through the [SRSF Funding Our Future Scientists Annual Appeal](#)! Funds raised for programs beyond the [SRSF Career Development Award](#) include the [SRSF Small Research Grant](#), [SRSF Mentored Collaboration Grant](#), and [travel awards and scholarships to specialized meetings](#), including the 2025 SLEEP Meeting Undergraduate Award, and the SRS Foundation's scholarship to attend the 2025 - AASMF's Young Investigator's Research Forum. Thank you for supporting these early-career investigators that are highlighted in the annual report!

The SRSF is uniquely positioned to strengthen the pipeline of early-career sleep and circadian researchers that pave the way to future scientific advances. Thus, the importance of the SRSF career development awards and programs for the advancement of scientific careers cannot be overstated, especially given the challenges of our current funding climate. The resilience of our community relies on your support! If you have not donated to the SRS Foundation, I personally urge you to support the important work of the SRS and its Foundation by [donating today](#).

We are very grateful to our [SRSF Corporate Partners](#) for their strong support of the SRS Foundation's mission. Their generosity is demonstrated by nearly the \$1.2 million given to support sleep and circadian research in 2025!

In recent years, the SRS Foundation has been very intentional about engaging with other stakeholders within our field. I am pleased to share with you the positive outcomes that have been achieved through these efforts including:

- ◆ The SRSF has collaborated with the American Academy of Sleep Medicine Foundation (AASMF) to provide additional funding in support of early-career researchers to attend the 2025 AASMF's Young Investigator's Research Forum by means of SRS Foundation scholarships. Likewise, the AASMF has provided funding in support of the 2025 SRSF Small Research Grant. This partnership provided additional funding for 16 early-career researchers in 2025!
- ◆ The SRSF has created opportunities for the SRS membership to collaborate with our SRSF Corporate Partners. This has been achieved by promoting industry research grants made available to SRS members through the [SRSF Industry Call for Research Proposals](#); disseminating the science behind

sleep and circadian treatments through the [SRSF Industry Scientific Update](#); hosting educational webinars through the [SRSF Industry Scientific Seminar](#) and webinars lead by key opinion leaders through the [SRSF Expert Summit](#) and the [SRSF State of the Science](#); and providing a forum for key opinion leaders and committed industry stakeholders to discuss research ideas and techniques, and brainstorm potential solutions to the challenges impacting the sleep and circadian field that was made possible through the SRSF Industry Advisory Council roundtable discussions. A special thank you to all the SRS members and more broadly other key opinion leaders who donated their expertise and time to participate in these endeavors! All these efforts were conducted with the goal of furthering sleep and circadian research to, ultimately, impact public health.

- ◆ The SRSF expanded its educational efforts through a continued partnership with [HMP Global's Psych Congress](#), emphasizing the critical intersection of sleep and mental health. By expanding the Psych Congress programming to include sleep and circadian science alongside mental health, we are bridging critical gaps in care. This expanded partnership underscores our shared commitment to advancing a more holistic approach to mental well-being, where sleep health is recognized as an integral component of overall mental health treatment and recovery.

The SRS Foundation is committed to being innovative and relevant to meet the needs of the SRS membership. Together, we will build the future of our field. Now, enjoy the success stories told in the 2025 annual report.

\$4 MILLION SINCE 2005

THE SRS FOUNDATION CONTINUES TO DEMONSTRATE ITS SUPPORT FOR SLEEP AND CIRCADIAN RESEARCH.

The Sleep Research Society Foundation (SRSF) provides support for growth and development in the field of sleep and circadian research. The SRSF was established in 2005 by the Sleep Research Society board of directors to provide support for investigators to conduct research that would form the basis of more comprehensive research applications to federal agencies, private foundations, and industry partners.

Since its inception, the SRSF has awarded more than \$4 million in support for research conducted by early-career sleep and circadian

scientific investigators through various programs. The SRSF has helped investigators obtain NIH and other government funding through research supported by SRSF awards.

While there is no shortage of innovative thinking and ideas in the field of sleep research, there is a shortage of investigators to spearhead sleep-related research projects, specifically early-career investigators to ensure the pipeline of future funding for sleep research.

and





Career Development AWARD

Now in its 13th solicitation for the SRSF Career Development Award, the Foundation received 30 high quality applications. We are extremely grateful to the SRS Scientific Review Committee, chaired by Nayantara Santhi, PhD, for undertaking the review of these proposals, which aligned with the NIH grant review model.

The SRS Foundation recognizes the challenges of transitioning from post-doctoral training to independent research funding. The goal of these mentored awards is to invest in promising early career researchers and assist with their transition into independence as junior investigators. This award is an important stepping-stone to the future success of those recipients. Annual Award: up to \$50,000 per award.

We are confident that these early career stage investigators will increase our knowledge of sleep and circadian science and change the way we think about the impact of sleep for public health.

[LEARN MORE](#)



Amy Hartman, PhD

University of Pittsburgh

"Settle down for sleep: Optimizing bedtime for improved sleep and emotion regulation for autistic children."



Qiang Liu, PhD

Johns Hopkins School of Medicine

"A local brain oscillator mechanism that mediates rhythmic pain sensation."



Brooke Shafer, PhD

Oregon Health & Science University

"Uncovering the effect of sleep regularity on proteomic biomarkers of cardiovascular health."



Maia ten Brink, PhD

Columbia University Irving Medical Center

"Investigating Inpatient and Early Post-Hospital Sleep and 24-Hour Rest-Activity Rhythms as Predictors of Post-Stroke PTSD Development."



Career Development AWARD

AWARDEE UPDATE



2025 Awardee

Project Title: "A local brain oscillator mechanism that mediates rhythmic pain sensation."

"The SRSF Career Development Award was instrumental in advancing my development as an independent investigator. It strengthened my research, project management, problem-solving, and grant-writing skills while providing valuable experience in conducting multidisciplinary research spanning circadian biology, neural circuits, and behavior. The successful completion of this work and resulting publication in *Advanced Science* contributed to my appointment as a faculty member at Huazhong University of Science and Technology (HUST), China. Building on this foundation, I am now establishing an independent research program integrating circadian biology, emotional regulation, and pain modulation. I am deeply grateful to the SRSF for its generous support and for the strong foundation it has provided for my future research career."

Qiang Liu, PhD

Huazhong University of Science and Technology

[READ THE PUBLICATION](#)



2024 Awardee

Project title: "The Role of Sleep Disturbances in Inflammatory Resolution Physiology in Long COVID."

"Receiving the SRSF Career Development Award was a significant milestone in my professional journey towards becoming an independent investigator. This award provided me with the opportunity to investigate the role of sleep disturbance in inflammatory resolution physiology in Long COVID. The results of my project were recently published and are a crucial stepping stone for success with larger grant applications. My mentors provided valuable guidance and consistent support throughout the project and I greatly expanded my scientific skills through the project-related training opportunities. I am incredibly grateful for the generous support and trust placed in me by the SRSF and the positive impact made possible not only for my personal career development but also towards improving sleep-related health outcomes in infection-associated chronic illnesses."

Larissa Engert, PhD

Postdoctoral Research Fellow

[READ THE PUBLICATION](#)



Small Research GRANT

SUPPORTING THE FUTURE PIPELINE OF SLEEP AND CIRCADIAN RESEARCHERS

Now in its 5th grant cycle, this grant is designed to support the research of trainees and early career investigators who otherwise do not have the institutional resources to support new studies and/or do not have a sustained record of external funding. This grant provides seed funding to support research to ultimately allow individuals to successfully apply for or complete career development grants (e.g. K-awards). Annual Award: Up to \$5,000 per award

CONGRATULATIONS TO THE 2025 RECIPIENTS!

[LEARN MORE](#)



Hazal Arpac, MA
University of Iowa



KuangHua Guo, MD, PhD*
Northwestern University



Sara Pintwala, PhD
*University of California, Davis -
School of Medicine*



Priscilla Carmiol-Rodriguez, MS, MEd, BSN*
University of Washington



Shruti Kinkel-Ram, PhD
University of Pittsburgh School of Medicine



Audrey Stegman, BS
University of Utah



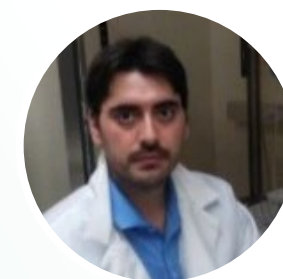
Jesse Cook, PhD
University of Wisconsin, Madison



Misol Kwon, PhD, RN
University of Pennsylvania



Akshay Tangutur, MS*
Florida Atlantic University



Roberto De Luca, PhD
*Harvard Medical School, Beth Israel
Deaconess Medical Center*



Emerson Larios, MS
University of Texas at San Antonio



Shengzi Zeng, PhD
Beth Israel Deaconess Medical Center



Chenlu Gao, PhD*
Massachusetts General Hospital



Alyssa Merbler, PhD
University of Minnesota



Jennifer Zhavoronokova, BS
University of Ottawa

**Funding for this grant was provided in partnership with the American Academy of Sleep Medicine Foundation (AASMF).*



Mentored Collaboration GRANT

The goal of this grant is to link trainees who have limited sleep/circadian mentoring options in their chosen field of interest to mentors that can provide rich, face-to-face opportunities in state-of-the-art research techniques and methods. The mentor-mentee relationship should extend beyond the face-to-face portion and, as appropriate, include mentorship via ongoing phone or web-based meetings over the course of the funded year.

Congratulations to the 2025 Recipients!



Undergraduate Trainee Travel SCHOLARSHIP

This scholarship is offered for undergraduate trainees with an interest in pursuing a career in sleep or circadian rhythms. Trainees will be offered up to \$1,000 reimbursement for registration fees, travel, and lodging costs associated with attending SLEEP.

Congratulations to the 2025 Recipients!

Saran Ashley-Douglas
Afton Beard
Joshua Hughes
Danya Husein
Chloe Lambert
Abigail Myroth
Jessie Ong

Danielle Paisley
Brandon Pattillo
Fatima Qureshi
Xoshill Saldana
Aliyah Syed
Regan Virnoche

SRSF SCHOLARSHIP TO AASM FOUNDATION'S YOUNG INVESTIGATOR RESEARCH FORUM

The SRSF partners with the AASM Foundation to provide scholarships to attend the annual Young Investigator's Research Forum that is aimed at providing guidance, tactics, and strategies to better position young investigators for a successful career in sleep and circadian research. The Foundation funded 5 young investigators to attend the 2025 forum!

Congratulations to the 2025 Recipients!



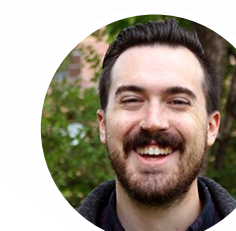
Miranda Chappel-Farley, PhD
University of Pittsburgh



Chad Coleman, PhD
Brigham and Women's Hospital,
Harvard Medical School



Erin Kishman, PhD
Colorado State University



David Reichenberger, PhD
Oregon Health & Science University



Afsara Zaheed, PhD
University of Pittsburgh

[LEARN MORE ABOUT THESE GRANTS AND CONFERENCE SCHOLARSHIPS](#)



Focused Research A W A R D

SUPPORTING THE FUTURE PIPELINE OF SLEEP AND CIRCADIAN RESEARCHERS

OVERVIEW

The goal of this focused research award is to improve our understanding of cardiovascular, cardiometabolic, and renal disorder outcomes in patients with idiopathic hypersomnia. The focus of this research award is:

1. To determine the association between idiopathic hypersomnia diagnosis and the time to the development of cardiovascular, cardiometabolic, and renal disorder outcomes.
2. Examine effects of focus area 1 stratified by demographic and clinical characteristics, including age, sex, and IH with long vs. short sleep time.

This grant mechanism is a noncompetitive award, with funding informed by reviews conducted by a panel of grant reviewers from the SRS Scientific Review Committee.

Congratulations to the 2025 Recipients!

[LEARN MORE ABOUT THIS AWARD](#)

PI Awardee and Team:



PI: Christopher Kaufmann, PhD, MHS

Assistant Professor | Department of Health Outcomes and Biomedical Informatics
University of Florida College of Medicine



MPI: Rakesh Bhattacharjee, MD, FRCPC, DABP(SM), CBSM, DBSM, FAASM

Director of Sleep Medicine, Rady Children's Hospital
Professor | Department of Pediatrics
University of California San Diego



MPI: Tianze Jiao, PhD

Assistant Professor | Department of Pharmaceutical Outcomes and Policy
University of Florida College of Pharmacy



Co-I: Yi Guo, PhD, FAMIA

Associate Professor, Associate Chair for Data Science, and Division Chief of Biomedical Informatics and Data Science in the Department of Health Outcomes and Biomedical Informatics at the UF
Chief Data Scientist and Director of the Cancer Informatics Shared Resource for the UF Health Cancer Center
Co-Director of the UF CTSI Biomedical Informatics Program
Associate Director of the Office of Data Science Research for the OneFlorida+ Clinical Research Network



Jazz Pharmaceuticals®

An unrestricted grant was provided by Jazz Pharmaceuticals to the SRS Foundation to fund this research award. Jazz Pharmaceuticals does not have any influence on the management or outcomes of this award.



FUNDING OUR



ANNUAL APPEAL

\$10,000+

Daniel J. Buysse, MD, FAASM
Gary Zammit, PhD

\$5,000+

David M. Rapoport, MD

\$2,000+

Edward Bernreuter, MD
Christopher Early, PhD, MBBCh, FAASM

\$1,000+

Kathryn Lee, PhD, RN
Janet Mullington, PhD
Terra Ziporyn, PhD

THANK YOU TO OUR 2025 DONORS!

\$500+

Anjali Ahn, MD, FAASM
Cathy Alessi, MD, FAASM
Mark Blumberg, PhD
Mary Carskadon, PhD
Christopher Drake, PhD
Philip Gehrman, PhD, CBSM, FAASM
Namni Goel, PhD
Elizabeth Klerman, MD, PhD
Edward Pace-Schott, PhD
Marie-Pierre St-Onge, PhD
Ignatio Tapia, MD

\$200+

Donald Bliwise, PhD, FAASM
Brian Cade, PhD
Clayton Funk
Minjee Kim, MD
James McKenna, PhD
John Noel, MBA
Susan Redline, MD, MPH
Hans Van Dongen, PhD
Annie Zhu, PhD
Insomnia Insights

\$100+

Ravi Allada, MD
Todd Arnedt, PhD
Suzanne Bertisch, MD
Stephanie Crowley, PhD
Tony Cunningham, PhD
Jeanne Duffy MBA, PhD
Carol Everson, PhD
Goldstein Family Charitable Fund
Christopher Leonard, PhD
Danny Lewin, PhD, Diplomate Emeritus, ABDSM
Lisa Meltzer, PhD
Shalini Paruthi, MD
Daniel Reis, PhD
Clifford Saper, MD
Eve Van Cauter, PhD
Ed Wagner, DVM
BB MC

UP TO \$99

Jesse Cook, PhD
Christine Davis
Laura Herpel, MD, FCCP
Raj Kumar, MB,BS, MSc, MS
Leon Lack, PhD
Cecilie Martin, FNP-BC, MS
David McCarty, MD
Slobodanka Pejovic, MD
Adrian Santamariam, MD
Neha Santucci, MD, MBBS, MS, AGA-F
Kingman Strohl, MD
Wednilywn Walker, MD
Teresa Ward, PhD, RN, FAAN
Carleara Weiss, PhD, MS, RN
Amy Wolfson, PhD
Thomas Zakowski

THANK YOU TO OUR CORPORATE
PARTNERS FOR THEIR SUPPORT OF
SLEEP AND CIRCADIAN RESEARCH!



President's Circle \$100,000+



Blue Diamond Circle \$75,000+



Diamond Circle \$50,000+



Emerald Circle \$20,000+



Ruby Circle \$10,000+



Sapphire Circle \$5,000+



Jade Circle \$2,500+





Industry Call for Research Proposals

OUR CORPORATE PARTNERS ARE COMMITTED TO THE CONTINUED GROWTH OF SLEEP AND CIRCADIAN SCIENCE THROUGH FUNDING OPPORTUNITIES.

SRSF partners with industry to help advance a shared mission of growing knowledge, scientific discovery and innovation through collaboration and novel opportunities.

The SRS Foundation is pleased to share Call for Research Proposals facilitated by our Corporate Partners. Together, we're driving progress in sleep and circadian research!

[LEARN MORE](#)



CONGRATULATIONS TO THE RECIPIENTS OF THE SLEEPIMAGE MAKING SLEEP HEALTH A PRIORITY IN CHILDREN GRANTS

SleepImage® is proud to support groundbreaking research in children's sleep by awarding grants to advance pediatric sleep studies. Recipients will have access to our FDA-cleared, CE-marked SaMD and SleepImage Rings for data collection, fostering innovation in sleep health. Their innovative research will play a pivotal role in shaping the future of pediatric sleep health, ensuring that every child has the opportunity to thrive through better sleep.

THE DISTINGUISHED RECIPIENTS ARE:

Dr. Phiona Ekyaruhanga, MD
Makerere University, Uganda

"Sleep in Children with Tuberculosis"

Dr. Arezou Heshmati, MD
Columbia University, USA

"Sleep in Children with Autism"
(SRS Member)

Dr. Francisco Alves, MD
Universitário de Santo António, Portugal

"Sleep Disorder Breathing and Impact on Health and Performance"

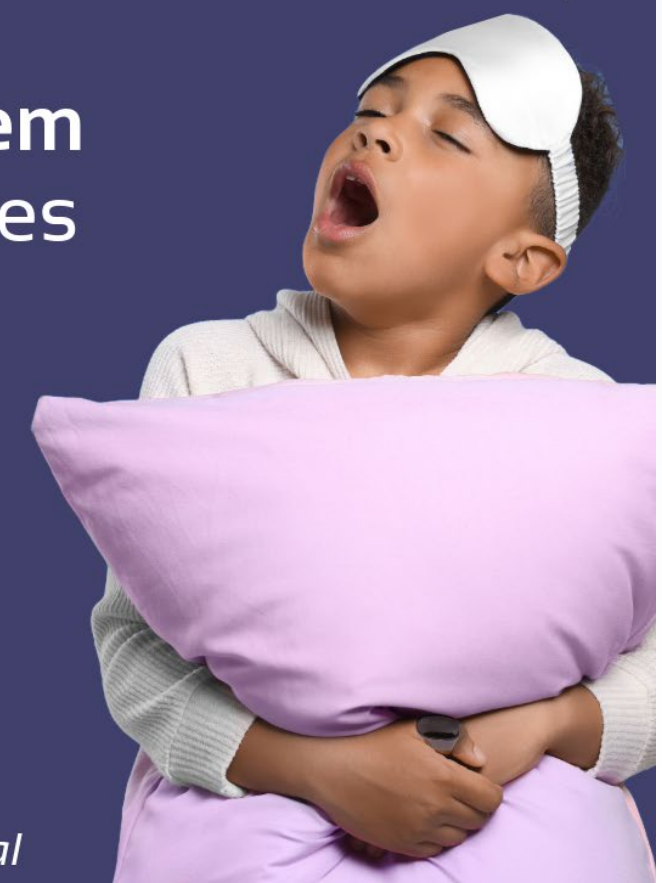


Pediatric Sleep Research Grants

- 2 Grants
- Access to the SleepImage® System
- 20 recording devices
- Submissions Due: February 1st, 2025



Details at www.sleepimage.com/grantproposal





CONGRATULATIONS TO THE RECIPIENTS OF THE LABFRONT GRANT WITH GARMIN ACTIGRAPHY

Labfront is proud to support this sleep research grant exclusively to support SRS members for early-career researchers to get hands-on experience with technology and analytics to elevate their work. Labfront's actigraphy solution captures high-quality sleep data and other key digital biomarkers, such as beat-to-beat interval (BBI) data for heart rate variability (HRV). This grant supports researchers using sleep data to enhance our understanding of sleep's impact on health and well-being.

THE DISTINGUISHED RECIPIENTS ARE:

Dr. Jordana McMurray

University of Toronto

Sleep Regularity and Associations with Ecological Momentary Assessment of Anxiety in Undergraduate Students: A Pilot Study

Dr. Courtney Kurinec

Washington State University

Investigating the Role of Naturalistic Sleep on the Effectiveness of Misinformation Corrections

Dr. Joshua Landvatter

University of Utah

Unraveling the Impact of Sleep Fragmentation on Blood Pressure Variability and Heart Rate Variability: A Wearable-Based Approach

Dr. Mariana Szklo-Coxe

Old Dominion University

A Pilot Study Investigating Garmin Actigraphically-Assessed Sleep in Firefighters

Audrey Stegman

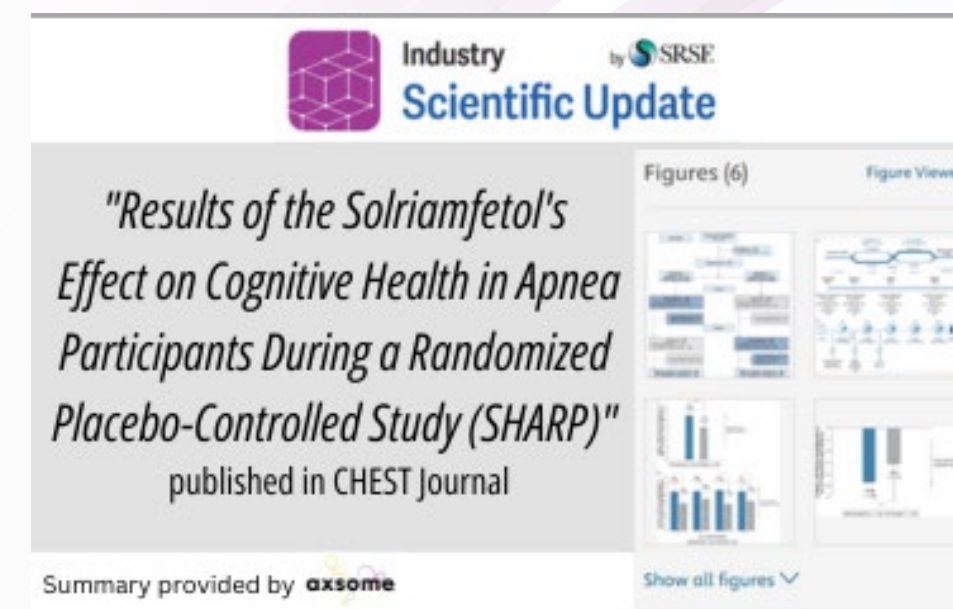
University of Utah

Nighttime Synchrony of Your Nutrition and Circadian health (N-SYNC)

The poster features the Labfront logo and the "Industry Call for Research Proposals by SRSE" logo at the top. The main title is "Sleep Research Grant with Garmin Actigraphy". Below it, a list of items includes: "3 x Garmin vivosmart® 5 devices", "1 x Labfront Advanced account", and "1 x Labfront Actigraphy Duo package". At the bottom, it states "Total Value: \$3950 USD". On the right side of the poster, there is a small image of a smartphone displaying a sleep data graph and two circular icons showing a person sleeping and a person wearing a smartwatch.

SRSF COLLABORATES WITH CORPORATE PARTNERS - EDUCATION AND MORE

The SRS Foundation is pleased to disseminate scientific updates related to sleep and circadian treatments from our industry supporters.



Results of the Solriamfetol's Effect on Cognitive Health in Apnea Participants During a Randomized Placebo-Controlled Study (SHARP)

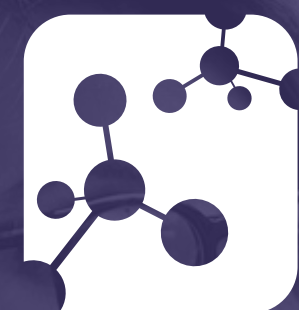
[LEARN MORE](#)

[READ THE PUBLICATION IN CHEST JOURNAL](#)



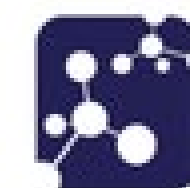
Patient Pain Points in Therapy - How F&P Solo™ offers a simple solution and a clinical perspective on why the Mask Matters Most™

[LEARN MORE](#)



Industry Scientific Seminar

The SRSF is excited to host a series of educational webinars. Attendees will learn the science behind a sleep product and how it works directly from industry scientists with a question-and-answer opportunity. Let us explore how our shared mission of growing knowledge can help further the field!



Industry
Scientific Seminar

by SRSF

Title: "The Science Behind Nox BodySleep™ 2.0:
Achieving Conclusive Home Sleep Tests"



Jón Skirnir Ágústsson, PhD
VP of AI at Nox Medical



Heidi Riney, MD
Chief Medical Officer

Presented by: Jón Skirnir Ágústsson, PhD, VP of AI and Heidi Riney, MD, Chief Medical Officer

Overview: Nox BodySleep 2.0 uses advanced AI to score sleep states (REM, NREM, Wake) and arousals directly from respiratory inductance plethysmography (RIP) signals—no EEG required. By analyzing subtle changes in breathing patterns, it supports more accurate AHI calculation and conclusive HSAT results on the first try, helping reduce the need for follow-up PSG studies.

Validated on thousands of sleep studies, Nox BodySleep 2.0 is especially beneficial for women, younger, and non-obese patients—populations often underdiagnosed by traditional HSAT because their sleep apnea commonly manifests through arousal-based events rather than oxygen desaturations, which standard systems typically miss.

[LEARN MORE AND WATCH THE RECORDING](#)



State of the Science

CORPORATE PARTNERS SUPPORT EDUCATIONAL OPPORTUNITIES TO ADVANCE SLEEP AND CIRCADIAN RESEARCH

The SRS Foundation is pleased to host timely and relevant educational webinars facilitated by sleep and circadian key opinion leaders. This offering is a multi-stakeholder funded event.

 State of the Science by SRSF

"The Future of OSA Treatment"
Monday, September 15 at 9:30am – 11:00am ET



Advanced Complimentary Registration

First line treatment for OSA remains CPAP but there is increasing interest in pharmacotherapy and other procedures/devices for sleep apnea. We will explore the existing data on CPAP, and the use of medications for sleep apnea as either second line therapy or adjunctive therapy. We will further review other advances in OSA therapeutics as well as management of diagnostic and serial testing.

Thank you to our SRS members for lending their expertise for this timely discussion!

- ◆ Atul Malhotra, MD, FAASM (Chair)
- ◆ Reena Mehra MD, MS, FCCP, FAASM, FAHA, ATSF
- ◆ Anne Marie Morse, DO, FAASM
- ◆ Neomi Shah, MD, MPH, MS

This opportunity was made possible by the SRSF with support from multiple stakeholders:



 State of the Science by SRSF

Topic: "Orexin: the master integrator - Looking beyond sleep wake control"
Monday, November 3 at 10:30am – 12:00pm ET



Advanced Complimentary Registration

An exploration of Orexin science with a focus on the complex physiological roles of orexin across the body, learned experiences from Orexin antagonism and anticipation for orexin agonists. Discover the critical role the Orexin system plays not only in sleep wake and circadian science but also mental health, feeding and metabolism plus more. Investigate the potential impact of gender differences, the relationship to sex hormones, as well as the endocannabinoid system and exogenous cannabinoids. And take away potential research opportunities and clinical pearls for your practice.

Thank you to our SRS members for lending their expertise for this timely discussion!

- ◆ Anne Marie Morse, DO, FAASM (Chair)
- ◆ Atul Malhotra, MD, FAASM
- ◆ Gert Jan Lammers, PhD
- ◆ Craig Chepke, MD, DFAPA

This opportunity was made possible by the SRSF with support from multiple stakeholders:



THE SRSF PARTNERS TO BRIDGE THE GAP BETWEEN SLEEP AND MENTAL HEALTH

The Sleep Research Society Foundation is expanding its educational efforts through a continued partnership with HMP Global's Psych Congress, emphasizing the critical intersection of sleep and mental health. Future conference sessions will integrate sleep and circadian science into mental health education, equipping psychiatry professionals with diagnostic and treatment strategies for co-occurring sleep and psychiatric disorders.

SRS Foundation supports sleep and circadian research through education and funding opportunities, while HMP Global is a leader in health care education and events. Together, they will provide psychiatry professionals with essential knowledge in addressing sleep disorders in their patients.

Sessions Presented in 2025:

- ◆ Sound Sleep, Sound Mind:
Sleep Medicine Essentials for
Psychiatry Clinicians
- ◆ Neurobiology of Orexin Agonism:
The Final Frontier of Sleep-
Wake Disorders in Psychiatry
- ◆ New Solutions for Excessive Daytime
Sleepiness and Obstructive Sleep
Apnea: The Silent Killer of Better
Outcomes in Psychiatric Practice
- ◆ Sleep-Wake Symptoms in MDD
as Potential Biomarkers for
Precision Treatments: Moving
Beyond Agent Selection Based on
Activating or Sedating Effects
- ◆ Treatment-Resistant or Something Else?
Finding Hypersomnolence Disorders
in Psychiatric Practice and Managing
them with Heart-Healthy Strategies



Topics were Presented by
Leading Sleep and Psychiatry Experts



Craig Chepke, MD, DFAPA



Philip Gehrman, PhD, CBSM, FAASM



Rakesh Jain, MD, MPH



Hara Oyedele, APRN, PMHNP-BC, MEd



Chelsie Monroe, APN, PMHNP-BC



Anne Marie Morse, DO



Emmanuel Mignot, MD, PhD



David Plante, MD, PhD



Abhinav Singh, MD, MPH, FAASM



W. Christopher Winter, MD

[LEARN MORE](#)

2025-2026

SRSF Board of Directors



PRESIDENT
PHILIP CHENG, PHD
SRSF President



**SECRETARY/
TREASURER**
STEPHANIE J. CROWLEY, PHD
Secretary/Treasurer



CATHY ALESSI, MD



FIONA BAKER, PHD



DANIEL BUYSSE, MD



CHIARA CIRELLI, MD, PHD



JULIO FERNANDEZ-MENDOZA, PHD, DBSM



MICHAEL GRANDNER, PHD



OCTAVIAN C. IOACHIMESCU, MD, PHD



DAYNA JOHNSON, PHD, MPH, MS



ATUL MALHOTRA, MD, FAASM



MEGAN E. PETROV, PHD



LOGAN SCHNEIDER, MD



REBECCA SPENCER, PHD



DAVID REICHENBERGER, PHD
Trainee Member-at-Large

STAFF:



JOHN A. NOEL, MBA
Executive Director



CHRISTINE A. DAVIS
Director



Support the Next Generation of Sleep and Circadian Researchers!

LOOKING BACK...

- ◆ Did you have a mentor that helped you navigate your path early in your career?
- ◆ Do you think an additional \$5,000 to \$50,000 in research funding would have helped to jump-start your career?
- ◆ Was applying for your first grant an overwhelming experience?
- ◆ Would it have been beneficial to attend more scientific conferences as a trainee?

YOUR DONATION WILL FUND THESE PROGRAMS AND SRSF CONFERENCE SCHOLARSHIPS:



**Career
Development**
AWARD



**Mentored
Collaboration**
GRANT



Small Research
GRANT



Make your donation today at...

sleepresearchsociety.org/foundation



...or by scanning the QR code.
All contributions are tax-deductible.