



2026 SRS Board of Directors Candidate

Director-at-Large

Jared Saletin, PhD



Dear colleagues,

I hope to earn your vote to serve our society as Director-at-Large. I often say that I grew up in the SRS. I joined as an undergraduate in 2006. Today, I am lucky to be in a society of friends and colleagues who have benefited from the same welcoming environment. The SRS must do everything possible to preserve our field's patchwork quilt of disciplines, ideas, and individuals. I believe my experiences in our society over 20 years have prepared me for this role.

I have been involved in continuous SRS service since joining the Trainee Series Subcommittee in 2009. I was honored to earn the vote of my peers to serve as Trainee-Member-at-Large in 2013. Placing Trainees on the Board of Directors opens our next generation to the complexities of a scientific society and its often difficult decision-making needs. I recall each of those meetings as vigorous debate on where to allocate our organization's resources and time. After the board, I contributed to Strategic Planning working groups on Training and Scientific Offerings while joining the Membership and Communications Committee. I was Chair of Membership from 2021-2024. Since 2024, I have served on the board-nominated Advocacy Task Force to advocate for funding, public health policy, and sleep research awareness.

In all these activities, I have strived to make our society better serve you. On the membership committee, I spearheaded a two-year discount program and auto-renewals to make membership easier and more economical. We lowered the cost for undergraduate and postbaccalaureate trainee members so that same welcome I and so many of my peers received is open for all. We partnered with the DEI committee to grow and broaden our membership. We laid a foundation for new content to create value for all of us, whether trainee or faculty (e.g., webinars, live forums on actigraphy, and resource sharing).

Outside the SRS, I have served as an editorial board member of *Sleep* and *Sleep Health* and as an Associate Editor of *Sleep Advances*. I have served as Chair of the Biennial Pediatric

Sleep Medicine Meeting. I also serve as a standing member of a major sleep-focused NIH grant review panel, *NPAS*. Locally, I direct a sleep and circadian methods research core focused on translating our research tools for colleagues outside of sleep. I have played a particular role in advocating for healthier school start times for all youth through working groups and white papers, and as an unpaid scientific advisor to *Start School Later*. These experiences combine to give me a breadth and depth of experience in our field.

As we continue to face an uncertain climate for medical and scientific research, our work has never been more crucial. We must not only preserve our field but grow. We must ensure established faculty are supported, postdoctoral fellows and junior faculty have the tools to succeed, and trainees from all disciplines and backgrounds find a home in the SRS. We must actively preserve our scientific work, enrich our pipeline, and continue to make a difference in a world that increasingly recognizes the importance of sleep, all while safeguarding the values that make the SRS so cherished.

If elected, I pledge to use my service to drive these efforts forward. I will place particular emphasis on the needs of trainees and early-stage investigators who are faced with unprecedented uncertainty. We must take care of one another while never turning inward and missing the opportunity to welcome a new voice and opinion. I will use my position to pursue these values and continue to build a more modern scientific society that reflects a growing membership that looks and sounds more like the world around us. I will fiercely advocate for you, your labs, your funding, and our field.

In closing, the SRS has had a profound impact on my career. If elected to the Board of Directors, I will do all I can to ensure it does the same for the next generation. I hope to have earned your vote.

With gratitude,

Jared M. Saletin, PhD