

CONNECT | GROW | LEAD

Your community for sleep & circadian science

The SRS is dedicated to advancing sleep and circadian science through education, research, and advocacy. Membership offers a wealth of resources and opportunities for professionals at every career stage.

Education & Training

The SRS is a co-organizer of the **annual SLEEP meeting**, the premier scientific event in the field. SRS membership provides you with a significant discount on SLEEP meeting registration fees. Young scientists can explore the field of sleep research during the free SRS Trainee Symposia at the SLEEP meeting.

Journal Access

As an SRS member, you have online access to the most recent issues and the full archives of the journal **SLEEP**, journal **SLEEP Advances**, and other publications. You also receive a significant discount on open access fees when publishing in **SLEEP** and **SLEEP Advances**!

Stay up to date on current research with **PubAlert**, a bi-weekly email containing the newest research articles from your area of interest.

Advocacy Support

The SRS is dedicated to increasing the funding available for sleep and circadian research. The SRS's advocacy network regularly communicates with Congress and NIH, and the Advocacy Task Force guides and organizes SRS volunteers in their advocacy efforts.

Awards & Grants

Apply for members-only grants and awards, intended to recognize and support outstanding sleep and circadian research. The SRS also provides travel grants to advance the career development of early career investigators.

- Distinguished Scientist Award
- Outstanding Scientific Achievement Award
- Mary A. Carskadon Outstanding Educator Award
- Public Service Award
- Diversity Membership Initiative and Award
- Outstanding Early Investigator Award
- Rising Star Award
- Trainee Conference Awards
- SRS First Time Attendee Award

Networking



Member Directory

Build your network. Search the directory of active SRS members to connect with scientists and students who share an interest in sleep and circadian research.



Laboratory Directory

Seek out training positions or collaborate with other researchers using the online directory of sleep and circadian research laboratories in the United States and abroad.



Club Hypnos

Connect with SRS members for an evening of networking and fun at Club Hypnos during the annual SLEEP meeting, featuring the popular Data Blitz. Vote for the winners of the Club Hypnos cup!



Advances in Sleep and Circadian Science

SRS members enjoy a discount to this biennial, single-track conference featuring cutting-edge research discussions that bridge sleep and circadian science.



Updated June 2025

JOIN TODAY!

Visit sleepresearchsociety.org to get started.

Scan to learn more!

BENEFITS FOR EVERY STAGE OF YOUR CAREER

Whether you're an early-career researcher or an established expert, the SRS provides valuable support for your professional growth. Take advantage of career development programs, exclusive awards and grants, and resources tailored to your needs. Explore sleep and circadian job opportunities via either the **Trainee Job Board** or the **Professional Job Board**.

Membership Categories

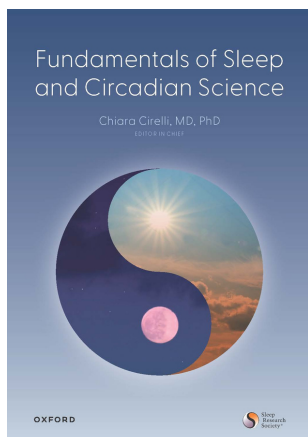
The Sleep Research Society offers a variety of membership categories to support professionals, trainees, and students at every stage of their career in sleep and circadian science.

- ✓ **Full Member:** Holds a terminal degree (e.g. PhD, MD, DO) and has an interest in sleep and circadian science.
- ✓ **Associate Member:** For those with special training actively engaged in sleep research, typically in a lab setting.
- ✓ **Trainee/Student Member:** Options available for postdoctoral members, predoctoral students, and undergrads.
- ✓ **Emeritus Member:** For retired professionals who have been full members for at least ten years.



Ask about our dual membership discounts – available for members of both SRS and the American Academy of Sleep Medicine (AASM).

Exclusive Member Discount



Fundamentals of Sleep and Circadian Science

In 2025, the SRS released *Fundamentals of Sleep and Circadian Science*, a comprehensive textbook edited by Chiara Cirelli, MD, PhD. Designed for students, educators, and researchers, this essential resource provides a clear and thorough introduction to the core principles of sleep and circadian science. Whether you're new to the field or seeking a foundational reference, this text is a must-have.

SRS Members get an exclusive discount.
Email coordinator@srsnet.org for details!



Scan to learn more!

BECOME AN SRS MEMBER TODAY!