



## **2024 SRS Board of Directors Candidate**

### **Secretary/Treasurer**

**Stephanie J. Crowley, PhD**



Dear Colleagues:

I am seeking your support for re-election to the Secretary/Treasurer position of the Sleep Research Society (SRS). I am the current SRS Secretary/Treasurer and will complete my second year of a shortened (2-year) term in June, 2024. Prior to this position, I served as Director-at-Large of the SRS Board of Directors (2019-2022) and since June 2021, I have served on the SRS Executive Committee.

In these roles, I consistently keep the mission, priorities, and members of the Society at the forefront of discussions and decisions. I feel that I am thoughtful and collegial in all discussions and try to keep an open mind to my colleagues' diverse opinions and perspectives to make the best decisions possible for the Society. If re-elected Secretary/Treasurer, I will draw on my previous experience and recommit to working toward the SRS mission and priorities in the next 3 years.

As Secretary/Treasurer, I have gained first-hand experience of the Society's and Foundation's financial management, budgeting, and auditing processes. I have a strong understanding of the Society's revenue sources and operating expenditures, as well as the Society's long-term investment strategies and policies. My attention to detail has served me well in this role as the official custodian of records and financials of the SRS, and I am confident that the knowledge and experience that I have gained, as well as a continuity of leadership will inform critical discussions and decisions in the coming 3 years.

As way of background, I am currently an Associate Professor of Psychiatry & Behavioral Sciences at Rush University Medical Center in Chicago, IL, where I direct the Pediatric Chronobiology & Sleep Research Program. My lab focuses on understanding basic sleep and circadian mechanisms during adolescence, as well as

developing and testing circadian-based behavioral strategies to correct misalignment between sleep and circadian timing during adolescence. My research has been primarily sponsored by the National Institutes of Health since 2006.

I have been a member of the SRS for more than 20 years. I joined as a trainee member in 1999 when I was an undergraduate at the College of the Holy Cross. The support of the SRS and its membership, whether it was through trainee day, travel awards, or pilot funding had an enormous and positive impact on my career. I have a profound appreciation for investing time and resources in trainees and young faculty in a way that can create and sustain a diverse, equitable and inclusive community of sleep and circadian scientists. In addition to being a member, I have enjoyed serving in different capacities in the SRS, including the Educational Programs Committee as a member and chair (2010-2016), the NIH High School Sleep Curriculum Update Task Force (2012), and the SLEEP Revitalization Task Force (2015). As a Director-at-Large, I have also served as liaison for the Scientific Offerings (2019-2021) and the Pipeline Development (2021-2022) Committees. In 2018, I joined the Society's official journal SLEEP as an Associate Editor and in 2020 joined the Society's new journal SLEEP Advances as an Associate Editor. All of these experiences provide context to the priorities and strategic goals of the Society, which inform how the Society invests funds.

I welcome this opportunity to continue as the SRS Secretary/Treasurer and appreciate your consideration for re-election to this important role.

Sincerely,

Stephanie J. Crowley, PhD