



2024 SRS Board of Directors Candidate

Director-at-Large

Jennifer Goldschmied, PhD



Dear Colleagues:

I am writing to express my strong interest in joining the Sleep Research Society Board of Directors as a Director-at-Large. I am currently an Assistant Professor of Psychiatry in the Perelman School of Medicine at the University of Pennsylvania. I completed my doctorate in Clinical Science at the University of Michigan in 2016, my subsequent clinical internship at the Medical University of South Carolina, and my postdoctoral fellowship at the University of Pennsylvania in 2019. As a clinical psychologist with expertise in the analysis of sleep oscillations as they pertain to psychiatric illness, I am passionate about advancing sleep and circadian research and its translation to improve health and well-being. I believe that my unique perspective as the current Chair of the Pipeline Development Committee (PDC) would be invaluable to the board.

In my role as Vice Chair and currently as Chair of the PDC, I have successfully spearheaded several new initiatives including the development and advocacy of the Small Research Grant, one of the most successful initiatives in our current portfolio, development of the Virtual Seminar Series, Grant Pre-Review Program, Grant Repository, and most recently the Grant Reviewer Training Program, demonstrating my ability to innovate, plan, and execute impactful programs that further the Society's mission and strategic plan, especially with respect to Strategic Priority (C), to expand and bolster the sleep and circadian pipeline in and outside of academia, and (D), to maximize advocacy and outreach. Through my experience on the PDC, I have gained firsthand experience understanding the needs and challenges faced by junior faculty and early-stage investigators and I am committed to ensuring their voices are heard and represented within the Society.

My research focuses on investigating the functional significance of slow-wave activity to mood, cognition, and health. I have a strong publication record and have secured external funding from the National Institute of Mental Health and internal funding from the Perelman School of Medicine at the University of Pennsylvania. In addition to my research expertise, I possess strong communication and interpersonal skills, honed through my experience as a clinical psychologist with an active behavioral sleep medicine practice. I am an outgoing and collaborative individual who thrives in building relationships and fostering connections within the sleep research community. My commitment to the field is further demonstrated by my active participation in service activities outside of the SRS, including my role as a member of the European Sleep Society's Digital and Communication Committee. This positions me to act as a valuable liaison between the American and European sleep research communities, aligned with our Cross-cutting Strategic Priority II, to develop and strengthen strategic partnerships internationally, thereby contributing to the broader objectives of the SRS.

Having served as the Trainee Member-at-large to the Board of Directors for the Sleep Research Society from 2014-2015 during one of the last strategic planning meetings, I believe I have gained an intimate understanding and appreciation of the mission of SRS. I am confident that my qualifications, experience, and dedication to the Society's mission make me a strong candidate for the Board of Directors. My prior promotions into leadership roles reflects my aptitude for effective communication, strategic thinking, problem-solving, and my demonstrated commitment to collaboration and advocacy. I am thus eager to contribute to the Society's continued growth and success and am committed to upholding its values and objectives. Thank you for considering my application.

Sincerely,

Jennifer Goldschmied, PhD