



2022 SRS Board of Directors Candidate

Secretary/Treasurer

Stephanie Crowley, PhD



Dear SRS Membership:

I am seeking your support for the position of Secretary/Treasurer of the Sleep Research Society (SRS). I am currently serving my third year as Director-at-Large of the Sleep Research Society's Board of Directors (2019-2022). Since June 2021, I have also represented the Directors on the Executive Committee, which meets monthly to address pressing issues of the Society between Board meetings. In these roles, I consistently keep the mission, priorities, stakeholders (you!) of the Society at the forefront of discussions and decisions. I feel that I am thoughtful and collegial in all discussions, and try to keep an open mind to my colleagues' diverse opinions and perspectives to make the best decisions possible for the Society. If elected Secretary/Treasurer, I am committed to carrying out the priorities and mission of the Society the same way that I have for the last 2.5 years.

As Secretary/Treasurer I will also commit to being the official custodian of all records and financials of the SRS. Two skills that I see as essential to the Secretary/Treasurer position are (1) organization and attention to detail; and (2) a first-hand understanding of the Society's and the Foundation's budget and financial management. I have these skill-sets and I have refined these skills over the past 15 years as an NIH-funded Principal Investigator and over the past 2.5 years as Director-at-Large of the Sleep Research Society.

I am an Associate Professor of Psychiatry & Behavioral Sciences at Rush University Medical Center in Chicago, IL, where I direct the Pediatric Chronobiology & Sleep Research Program. My lab focuses on understanding basic sleep and circadian mechanisms during adolescence, as well as developing and testing circadian-based behavioral strategies to correct misalignment between sleep and circadian timing during adolescence. My research has been primarily sponsored by the National

Institutes of Health since 2006. Like many of you, the large laboratory-based human studies that I oversee require careful attention to procedural details and timing. They also require a large team of people to complete the study protocols. Organization of staff and extremely detailed standard operating procedures are critical to our ongoing successful data collection in my lab. These large studies are also managed on a tight budget, requiring careful tracking and management of funds. Organizational skills, attention to detail, and fund management are skills that will serve me well as the SRS Secretary/Treasurer.

I have been a member of the SRS for more than 20 years. I joined as a trainee member in 1999 when I was an undergraduate. The support of the SRS and its membership, whether it was through trainee day, travel awards, or pilot funding had an enormous and positive impact on my career. I have a profound appreciation for investing time and resources in trainees and young faculty, as they are the future of the field. In addition to being a member, I have enjoyed serving in different capacities in the SRS, including the Educational Programs Committee as a member and chair (2010-2016), the NIH High School Sleep Curriculum Update Task Force (2012), and the SLEEP Revitalization Task Force (2015). As a Director-at-Large, I have also served as liaison for the Scientific Offerings Committee (2019-2021) and I am currently liaison for the Pipeline Development Committee. In 2018, I joined the Society's official journal SLEEP as an Associate Editor and in 2020 joined the Society's new journal SLEEP Advances as an Associate Editor. All of these experiences provide context to the priorities and strategic goals of the Society, which inform how the Society invests funds. As Director-at-Large, I have carefully reviewed the SRS and SRS Foundation budget reports and investment strategies. Since June 2021, reviewing budgets has been a monthly practice as an Executive Committee member. Therefore, I have a first-hand understanding of how funds are managed and appropriated. This has been particularly important as the Society navigated the disruption of "business-as-usual" during the COVID-19 pandemic. My first-hand knowledge of the Society's budget and fund management strategy, as well as the Society's priorities and strategic plan make me an excellent candidate for the Secretary/Treasurer position. I welcome this opportunity and appreciate your consideration for this important role.

Sincerely,

Handwritten signature in blue ink that reads "Stephanie Crowley".