



## **2022 SRS Board of Directors Candidate**

### **Director-at-Large**

**James Timothy McKenna, PhD**



I would be honored to serve on the Sleep Research Society (SRS) Board of Directors. I am a Research Health Scientist at the VA Boston Healthcare System, West Roxbury, MA, and an Assistant Professor in Psychiatry at Harvard Medical School. My research aims to describe how select brain regions and neurotransmitter systems control arousal, sleep homeostasis, the sleep-wake cycle, and related oscillatory EEG rhythms. Such research may inform treatment of the neural dysfunction seen in sleep disorders and related psychopathologies. I also teach students and peers across many academic levels as a classroom instructor and bench scientist, including recent lectures and course direction at the Harvard South Shore Psychiatry Residency Training Program.

I have been a member of the SRS for almost two decades. I have served as a voting member on the SRS Membership, Membership and Communication, Educational Programs, and Board Nominating committees. I was previously Chair of the SRS Membership committee and am now Vice-Chair of the Communications committee. I previously chaired (and presented at) a post-graduate APSS Sleep meeting course developed by the Educational Programs committee, and have served as a reviewer of abstracts, post-graduate courses, and symposia for the Sleep meeting. Recently, I hosted the virtual Club Hypnos 2021.

As the Society moves into 2022, I look forward to working with other SRS Board members and the committees on a number of issues and initiatives, including continued support of Society publications and educational materials, member retention/growth, promotion of diversity, trainee support, adaptation of sleep research to the pandemic environment, and international membership growth. As a Board

member, I will strive to support the SRS membership and advocate for sleep research in both the scientific and general communities. Thank you for your consideration.

Sincerely,

Dr. James Timothy McKenna, PhD – “Tim”