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April XX, 2021

The Honorable Rosa DeLauro
Chairwoman
House Appropriations Subcommittee on Labor,
Health-Human Services, Education, and Related
Agencies

The Honorable Tom Cole
Ranking Member
House Appropriations Subcommittee on Labor,
Health-Human Services, Education, and Related
Agencies

The Honorable Pete Visclosky
Chairman
House Appropriations Subcommittee on Defense

The Honorable Ken Calvert
Ranking Member
House Appropriations Subcommittee on Defense

Dear Chairs DeLauro and Visclosky and Ranking Members Cole and Calvert:

As you consider appropriations for Fiscal Year (FY) 2022, we write to request the inclusion of timely committee recommendations on sleep and sleep disorders within the Committee Report accompanying the House FY 2022 Labor, Health and Human Services, Education, and Related Agencies (LHHS) Appropriations Bill.

Sleep impacts nearly every system of the body and affects the progression of many medical conditions. Millions of Americans are impacted by sleep disorders and, in general, healthy sleep is a major public health and safety issue. The recently established Chronic Disease Education and Awareness Program at the Centers for Disease Control and Prevention (CDC) is uniquely positioned to advance critical public health projects focused on sleep. This program utilizes a competitive grant process to strengthen the science base for prevention, education, and public health awareness for a variety of chronic diseases, including sleep disorders. We ask the Committee to provide \$5,000,000 for the Chronic Disease Education and Awareness Program to address chronic diseases that do not currently have dedicated resources that would leave to meaningful patient outcomes.

With the ongoing investments in the National Institutes of Health (NIH), the sleep and circadian research portfolio has grown and facilitated meaningful scientific progress. While this progress is certainly encouraging, more work is needed to deliver breakthroughs to improve outcomes for patients suffering from various sleep disorders. Therefore, we respectfully recommend the Committee include the following report language in the accompanying report of its FY 2022 LHHS bill:

“Sleep Disorders.—The Committee notes the leadership of the National Institute of Neurological Disorders and Stroke (NINDS) in advancing research into under-represented sleep disorders, such as narcolepsy, restless legs syndrome, and Kleine Levin Syndrome. NINDS is encouraged to bolster these activities and review the state of the science around sleep disorders to better advance initiatives that advance scientific understanding of specific sleep disorders impacting patients.”

On behalf of the sleep disorders community, we appreciate your consideration of our requests and your willingness to engage on these critical issues.

Sincerely,

A handwritten signature in blue ink, appearing to read "Adam B. Schiff". The signature is fluid and cursive, with the first name "Adam" and last name "Schiff" being the most legible parts.

Adam B. Schiff
MEMBER OF CONGRESS

MEMBER OF CONGRESS

Encourage Ongoing Research and Support Public Health Activities Focused on Sleep and Sleep Disorders in FY22

Dear Colleague:

Please join me in supporting federal research and public health activities critical to advancing our scientific understanding of sleep, circadian, and sleep disorders. Sleep impacts nearly every system of the body and affects the progression of many medical conditions. Millions of Americans are impacted by sleep disorders and, in general, healthy sleep is a major public health and safety issue.

The National Institutes of Health (NIH) has been a major catalyst for sleep research over recent years, but we still lack diagnostic tools, innovative therapies, and medical information that improves outcomes for patients impacted by serious and disabling sleep disorders. Timely committee recommendations and encouragement will ensure NIH continues to advance scientific understanding in this area and better address specific sleep disorders.

Last year, the House Labor-HHS-Education Appropriations Bill established a Chronic Disease Education and Awareness Program at the Centers for Disease Control and Prevention (CDC). Sustained investment in this initiative would allow the stakeholder community to compete for collaborative funding opportunities that support timely and relevant public health efforts in targeted areas.

To sign on, please fill out [this form](#) by the end of April 8th. Please contact Heather Connelly (heather.connelly@mail.house.gov) with any questions.

Sincerely,
Adam Schiff