



## **2021 SRS Board of Directors Candidate**

### **Director-at-Large**

### **Megan Petrov, PhD**



I am an Assistant Professor in the Edson College of Nursing and Health Innovation at Arizona State University (ASU). I direct the interdisciplinary ASU Sleep and Health Laboratory that focuses on investigating the role of sleep and circadian rhythms in the development of chronic disease across the lifespan in the context of other lifestyle behaviors, and developing and adapting behavioral sleep medicine interventions to prevent chronic disease and reduce sleep health disparities. I am actively leading biobehavioral, clinical, and population-level sleep research. I have been funded by NIH/NHLBI, NIH/NINR, Veterans Affairs-Merit, and American Academy of Sleep Medicine Foundation (AASMF) as Principal or Co-Investigator.

My introduction to the sleep research field began when I was an undergraduate student with my initial membership with the Sleep Research Society (SRS). I'm truly a "homegrown" SRS trainee turned professional who has served the SRS in multiple capacities. I have led and contributed in the following ways:

- Trainee member on the SRS Trainee Symposia Series Committee
- Elected as the Trainee-Member-At-Large to the SRS Board of Directors
- Elected as the SRS Sleep and Behavior Section Head
- Vice Chair, SRS Membership and Communications Committee
- Chair, SRS Communications Committee
- Invited contributor to the SRS 2018-2022 Strategic Planning Workshop
- Member, SRS Foundation Annual Appeal Committee
- Member, SRS Scientific Offerings Committee

I also have made meaningful contributions to the sleep and circadian fields through my professional service by serving as a grant reviewer on the AASMF Investigator-Initiated Awards Review Committee, an Associate Editor to the journal Sleep Health, and reviewer of abstracts and contributor to the Associated Professional Sleep Societies Conference Revitalization Taskforce.

Through these leadership and service experiences, I feel I have gained intimate knowledge on the “pulse” and future directions of sleep and circadian science and the people who do this work across a variety of disciplines and professions. I am highly dedicated to engaging globally to propel the fields through my professional service. My goal is to serve all SRS members by ensuring they have a voice at the table no matter their discipline, career level, background, and where their program of research may fall on the translational science spectrum. Throughout the years, I have been inspired by the collective wisdom and enthusiasm of my fellow colleagues. It would be an honor to serve you as a board member to advance the SRS mission. Thank you for your consideration of my candidacy.