2020 SRS Board of Directors Candidate

Elda Arrigoni, PhD

I hold the position of Associate Professor of Neurology, Beth Israel Deaconess Medical Center (BIDMC) and Harvard Medical School. For the past twenty years my research has focused on the role of neuromodulators and sleep factors in regulating sleep and wakefulness. During this time, in addition to honing my own skills and developing as an independent investigator, I've trained five postdoctoral fellows and several undergraduate students. My work is highly collaborative– I've participated in many joint undertakings with collaborators at BIDMC, the Harvard research community and beyond. My mentoring and my collaborations have connected me with scientist across the entire career spectrum from early trainees to seasoned investigators. This has been particularly rewarding for me. It's always a thrill to have a hand in a successful venture or to have had an influence in the development of a future leader.

I am an active member of the sleep research community. I have reviewed for major journals and served as a grant reviewer for several NIH study sections. I have been a member of the Sleep Research Society since 1997, and I've attended almost every annual APSS meeting since I joined. I served as a member of the SRS Scientific Review Committee from 2015-2018 and of the Sleep and Circadian Biology DataBlitz Organizing Committee from 2016 to 2018. My membership in SRS and attendance at APSS meetings have played a key role in my professional development. I believe in the importance of basic science research for developing our understanding of sleep. For these reasons, I value the work of the Sleep Research Society and I'd like to contribute to its mission. I am committed to the effort and travel that the position will require.

In short, it would be an honor for me to serve on the Board of the SRS and a pleasure to work with similarly motivated and committed people. I do hope that you'll look favorably on my nomination and I look forward to your reply.