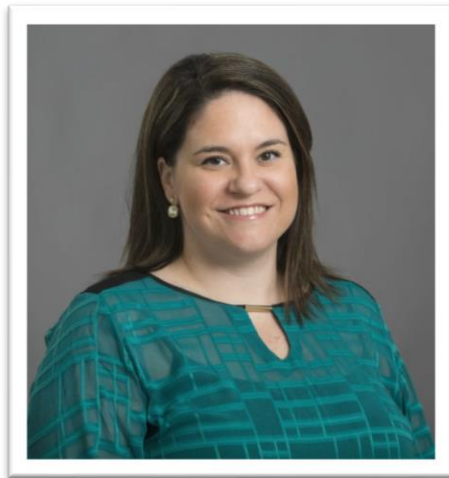




2019 SRS Board of Directors Candidate

Stephanie J. Crowley, PhD



I am honored to be nominated to run for one of the three Director-at-Large positions on the Sleep Research Society Board of Directors. The following describes my background, research, and perspectives that demonstrate why I would be an excellent choice for the Director-at-Large position.

I am currently Director of the Biological Rhythms Research Laboratory and Associate Professor of Psychiatry & Behavioral Sciences at Rush University Medical Center in Chicago, IL. My research program focuses on understanding basic sleep and circadian mechanisms during adolescence, as well as developing and testing circadian-based behavioral strategies to correct misalignment between sleep and circadian timing during adolescence. My research has been primarily sponsored by the National Institutes of Health since 2006. As Director-at-Large, I would continue to support initiatives already in place aiming to raise the profile of sleep and circadian rhythms research at NIH, DOD, and other funding bodies. As a pediatric sleep and circadian rhythms researcher, I am confident that my perspective could expand these advocacy efforts to help advance research and public policy related to infant, child, and adolescent sleep.

I have been a member of the SRS for 20 years. I joined as a trainee member in 1999 when I was an undergraduate. My career (and I) have actually “grown up” in the Society! The support of the SRS and its membership, whether it was through trainee day, travel awards, or pilot funding had an enormous and positive impact on my career. I have a profound appreciation for investing time and resources in trainees and young faculty, as they are the future of the sleep and circadian rhythms field. As a Director-at-Large, I would support policies and objectives that continue to support trainee members.

In more recent years, I have enjoyed being part of the SRS Educational Programs Committee as a member and chair (2010-2016), the NIH High School Sleep Curriculum Update Task Force (2012), and the SLEEP Revitalization Task Force (2015). (I took a break from service to be a mom in 2016!) Outside of the SRS, I have been involved with organizing the Society for Research on Biological Rhythms (SRBR) Trainee Day (2010), and co-chairing the 2017 and 2019 Pediatric Sleep Medicine conferences. In these roles, I have enjoyed collegial and productive working relationships with colleagues, and I will bring the same professionalism, thoughtfulness, productivity, and commitment to the position of Director-at-Large if elected.

In 2018, I joined the Society's official journal SLEEP as an Associate Editor. This, along with my role as an Associate Editor of Behavioral Sleep Medicine and Editorial Board member of Sleep Health, has allowed me the privilege of learning about the latest findings and current themes in our field. These editorial positions have also highlighted how much work still needs to be done and the exciting questions that still need to be answered. Understanding those next critical questions and setting long-term objectives to support members and facilitate progress in the field is critical. I welcome the opportunity to learn from colleagues and the challenge of helping forge that path through policies, long- and short-term objective planning, and program planning if elected.

I welcome this great opportunity and appreciate your consideration for this important role.