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February 1-4, 2019
SHERATON SAND KEY RESORT
CLEARWATER, FLORIDA

MEETING OVERVIEW

Plenary Session: The Future of Transdisciplinary Sleep and Circadian Science
Chiara Cirelli, MD | Daniel J. Buysse, MD | Joseph Takahashi, PhD
Charles A. Czeisler, PhD, MD

The Development of Sleep and Circadian Rhythms: From Molecules to Circuits
Kazuhito Yagita, PhD | Mark S. Blumberg, PhD | Ines Wilhelm, PhD
Sara J. Aton, PhD | Mary A. Carskadon, PhD

Sleep and Circadian Mechanisms of Remembering, Forgetting, and Thoughts That Won’t Let Go
H. Craig Heller, PhD | Giulio Tononi, MD, PhD | Edward F. Pace-Schott, PhD
Jessica Payne, PhD | Matthew P. Walker, PhD

Sleep & Circadian Influences on Metabolism and Aging
Eve Van Cauter, PhD | Joseph Bass, MD, PhD | Mimi Shirasu-Hisa, PhD
Joseph Takahashi, PhD

Mood and Arousal: The Intersection of Sleep and Circadian Rhythms
Samer Hattar, PhD | Colleen McClellan, PhD | Gina R. Poe, PhD
Gary Aston-Jones, PhD | Edward F. Pace-Schott, PhD

Cause and Effect: Sleep and Circadian Disruption and Alzheimer’s Disease
Anne Eckert, PhD | David M. Holtzman, MD | Sigrid C. Veasey, MD
Matthew P. Walker, PhD

Molecular Regulation of Circadian Rhythms and Sleep
Hiroki R. Ueda, MD, PhD | Paul Taghert, PhD | Philip G. Haydon, PhD
Michael H. Hastings, PhD, FRS, FMedSci | Russell Foster, CBE, FRB, FRB, FMedSci

Cross Talk Between Sleep and Circadian Circuits
Orie T. Shafer, PhD | Christelle Anaclet, PhD | Steven Brown, PhD
Luis de Lecea, PhD | Clifford B. Saper, MD, PhD

Responders or Regulators of Sleep and Circadian Timing?
Frank A.L. Scheer, PhD | Satchidananda Panda, PhD | Paul Franken, PhD
Ketema N. Paul, PhD | John Hogenesch, PhD

*Confirmed programming as of 5/1/18

Research is better with a little sand between your toes.